

Date Cake



9

Medjool dates, chopped
2 c. almond flour
2 eggs
2 T. maple syrup
1/4 c. cocoa powder
1/4 c. dried cherries, or raisins, optional
2 T. ghee
1/2 t. baking soda
1/3 c. GAPS chocolate chips
1 t. vanilla
1/2 t. sea salt
1/2 c. warm water

Preheat oven to 350 degrees F. Butter a 8 x 8 inch glass baking pan. Stir together all of the ingredients in a medium bowl until smoothly combined. Spread batter into prepared pan. Bake for 30 minutes. Serve with tea!

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